



**1 Paekākāriki Escarpment Track**  
Take in spectacular views of Kapiti Island from high above the Kāpiti Coast on one of the region's finest walking experiences. The 10km Paekākāriki Escarpment Track, part of the national Te Araroa Trail, runs from Paekākāriki to Pukerua Bay, and is for adventurous walkers that love stunning scenery.



**2 Queen Elizabeth Park**  
This regional park protects acres of natural coastal dunes as a recreational reserve. From off-road biking, walking tracks through sensitive wetlands, horse-riding (treks) in the park and on the beach, to spaces for large picnics. Visit the Wellington Tramway Museum and enjoy tram rides every weekend and public holiday (except Christmas Day). The site of former Māori settlements and Camp Mackay, home to 20,000 US Marines during WW2.



**3 Kāpiti Coast Cycle Trail**  
30km (each way) of off-road, paved trail from Raumati South to Ōtaki, this trail is popular with cyclists, walkers, runners and horse-riders of all levels. The gradient is gentle and the paved surface makes it ideal for wheelchairs, prams and scooters. The path weaves along the edge of the expressway, around regenerating wetlands, linking the townships of the Coast. Combine with the 5.4km Te Ara o Whareroa (Raumati South to Paekākāriki) and you have over 35km\* of off-road pathway to explore the Kāpiti Coast.



**4 Raumati Village Boutique Shops**  
The boutique shops in the seaside village of Raumati may surprise you - everything from homewares to designer labels (new or vintage) rub shoulders with gifts, flowers and French patisserie.



**5 Weekend Markets**  
Every weekend locals flock to their beachside morning market. Delivering fresh produce & flowers, artisanal products, baked treat and preserved goodies, bring a big shopping bag and taste the coast. Teamed with live entertainment, food stalls and coffee to go, they are the place to be.



**6 Kapiti Island Nature Reserve**  
Only 5km off Paraparaumu Beach, Kapiti Island is an un-fenced nature reserve unlike any other. Home to a huge variety of birds including a number of critically endangered species, the 10km long 1,965 hectare island sanctuary has been predator-free since 1998. Many bird and lizard species that are rare or extinct on the mainland are thriving on the island. This protected haven is now home to NZ's largest population of Little Spotted Kiwi - over 1200 birds! Boat trips run daily from spring to autumn.



**7 Tuatara Tasting Room**  
The Tuatara Brewery Tap Room is a non-pretentious, casual, and relaxed environment - fostering great hospitality. Everyone is made to feel welcome - from beer connoisseurs on strict tasting business, to groups popping in for an after work pint or two, or enjoying a range of wine, cider and soft drinks. A visit to the tap room is a great chance to rub shoulders with award-winning brewers, and there are regular gigs and events. You can take a little Tuatara home with you too!



**8 Southward Car Museum**  
Housing some of the world's rarest and most valuable vehicles, Southward Car Museum is considered the premier privately owned automotive collection in the Southern Hemisphere. The grounds include stunning landscaped gardens with a lake and bush walk. There are regular theatre and music performances in the Southward Theatre and exhibition facilities. Refreshments available.



**Beautiful beaches of the Kāpiti Coast**

With 40km of sandy, west coast beaches each with their own character, you're spoilt for choice on the Kāpiti Coast. From surfing to surf casting, to spending the day swimming, playing in the sand and watching the sunset over Kapiti Island, there's a beach for all occasions.

**Ōtaki Beach**
  
**Te Horo Beach**
  
**Peka Peka Beach**
  
**Waikanae Beach**
  
**Paraparaumu Beach**
  
**Raumati Beach**
  
**Paekākāriki Beach**

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**9 Waikanae River Trail**  
A walk, ride or cycle around the 10km (or smaller loops) tree-lined Waikanae river trail is a restorative experience at all times of the year. The river also acts as a "bird corridor", which birds such as kākā and bellbirds fly through between Kapiti Island and the Tararua ranges. Start at the footbridge in the scenic Otaihangā Domain, an expansive tree-fringed park beside a shallow stretch of the river - ideal for water games in summer.



**10 Waikanae Estuary**  
The Waikanae estuary is a beautiful natural bird sanctuary, protected and managed by DoC and dedicated volunteers who are focused on restoring it. Over 100 bird species drop by or call the estuary and lagoons home. Easy tracks and boardwalks through wetlands and dunes will take you up close to the birds. Take a guided tour of the estuary birdlife with kapiti bird tours.



**11 Te Raukura Ki Kāpiti**  
The impressive Te Raukura ki Kāpiti Performing Arts Centre is a genuine taonga (treasure) to the community. The centre boasts many performance spaces, allowing it to cater for a wide range of events. Te Raukura hosts everything from intimate acoustic concerts to large-scale theatre productions. There's always something worth seeing at Te Raukura ki Kāpiti year-round.



**12 Ngā Manu Nature Reserve**  
The 14 hectare Ngā Manu reserve comprises many habitats, including the largest remnant of lowland swamp forest on the Kāpiti Coast. You can see tuatara, kererū, fantails and kākā. There are many guided tours on offer at the weekends and a highlight for children is the eel feeding every day at 2pm. Book into the kiwi night experience Thursday to Sunday nights for a chance to come up close with our national bird.

Map of the

# Kāpiti Coast

2024

Featuring many cool things to see and do...



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**13 Ruth Pretty's Cooking School**  
Pretty by name and nature, Ruth's place is a foodie's delight. Open Tuesday to Sunday, Ruth Pretty's kitchen shop and Garden Room cafe is locally famous for their coffee and cake deal. Set in a rustic glass-covered outdoor area, it is the perfect place to unwind. The locals make a beeline for the Ginger Gems! You're not a true foodie until you've graduated from one of Ruth's Cooking school classes.



**14 Penray Gardens**  
People will drive 50km or more to visit Penray Gardens, for the chance to pick (in season) strawberries, raspberries, apples, chillies, tomatoes, beetroot, courgettes, limes, and more. Open November-June, they also sell their own gourmet sauces, relishes and dressings, plus award-winning local olive oil. For up-to-date picking information visit their website.



**15 Māoriland Hub**  
The Māoriland Hub is a centre of excellence for Māori Film and Creative Arts. It is a home for the Indigenous, a home for the arts, a home for ideas and conversations - he whare taketake, he whare tapere, he whare kōrero. Open year-round in Ōtaki Village, the Māoriland Hub is a creative space that provides access to the creative arts. Here you will find the Toi Matarau Art Gallery, the annual Māoriland Film Festival and so much more.





MAP OF THE

# KĀPITI COAST

2024

## MAP LEGEND

- Point of Interest
- Swimming
- Surfing
- Walking Track
- Cycleway
- Horse Riding Trail
- Miniature Train Rides
- Train Station
- Scenic
- Interesting
- SH1 / Expressway
- Railway
- Surf Lifesaving
- Airport
- Marae
- Brewery
- Boat Launching
- Food and Beverage
- Heritage Site



Tararua Forest Park

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